



## North Colorado Family Medicine

Greeley, Colorado

North Colorado Family Medicine Residency Program (NCFM) provides excellent training for physicians planning to practice full-spectrum family medicine in any setting, particularly under resourced settings. Our mission is to provide quality patient care in a supportive, collaborative environment that celebrates education as a lifelong process. NCFM is really five residency programs under one umbrella. Our programs offer unopposed training including surgical obstetrics, procedures, and advanced rural training for those who are interested.



### OUR PROGRAMS:

**Core Program:** Continuity clinic takes place at NCFM. Residents receive broad-spectrum training that is conducive to a future practice in any setting. This training is especially beneficial for residents considering futures in rural, urban, and international medicine settings.

**Sunrise Community Health Center Program:** The curriculum is identical to the Core Program except continuity clinic takes place at Sunrise Monfort Family Clinic—a Federally Qualified Health Center).

**Hospitalist Program:** Continuity clinic takes place at NCFM. Residents receive additional focused training in adult hospital medicine with added hospitalist rotations (family and internal medicine attendings), as well as other longitudinal educational elements. They do slightly less geriatrics, OB, & surgical subspecialties than the Core Program. NCFM graduates are well qualified to work as adult hospitalists or as full-spectrum hospitalists (adult, pediatrics, OB).

**Rural Training Programs—Wray and Sterling:** Residents spend their ~first year with the Core Program in Greeley, Colorado with their continuity clinic at NCFM. Residents move to their rural sites during their 2<sup>nd</sup> year for the remainder of their residency training. The curriculum in Wray and Sterling is longitudinal, allowing the residents to train and practice as true rural family physicians—doing a little bit of everything each day. Residents also work with local and visiting specialists and spend time in the ER. Graduates from Wray typically perform 60-80 C-sections, 110-180 total deliveries, 200 colonoscopies, 100 EGDs, and many other procedures. Although newer, Sterling program graduates have performed 80+ C-sections, 150+ total deliveries, 100+ colonoscopies among many other procedures. Learn more online (see below).



We recognize physicians have their own particular interests within family medicine, so we offer several optional tracks which provide additional resources and opportunities to pursue a given area of focus. The **tracks** are available to residents in each of our five Programs and include: **Advanced Maternity Care** (AMC includes operative and non-operative obstetrical training pathways), **Global Health**, **Hospitalist**, **Sports Medicine**, **Leadership**, and **Wholistic Care**.

### THE TRAINING (GREELEY):

- Robust inpatient adult medicine experience which includes an ICU rotation and continuity for NCFM patients who are admitted/transferred to the ICU. The residency medicine service is also the inpatient hospice team. The residency admits more than 1200 patients/year.
- Residents are involved in nearly every pediatric admission to the hospital (more than 900/year), including Intensive Care Nursery admissions (more than 320/year).
- Extensive inpatient and outpatient obstetric experience includes high risk cases with Family Medicine and OB/GYN faculty. Residents care for every patient who presents to Labor and Delivery.
- **Broad range of procedural training!** Over the 3 years of training, residents perform well over 100 vaginal deliveries, over 100 C-sections (AMC track members), tubal ligations, and many other hospital and office procedures.
- The Board of Certification in Family Medicine Obstetrics considers the NCFM residency OB experience to be fellowship equivalent and program graduates are eligible to begin the exam process during their 3rd year.
- Behavioral science curriculum is integrated into the outpatient setting.
- In-depth sports medicine and orthopedic training includes workshops and sports medicine clinics with opportunities for supporting University and High School events.
- Comprehensive didactic curriculum.

### CONTINUITY CLINIC: NORTH COLORADO FAMILY MEDICINE

- A 25,000-square-foot facility with 28 exam rooms, four treatment rooms, and a major procedure room.
- Lab, casting, OB Ultrasound, NST, hemorrhoid banding, colposcopy, vasectomy, nasolaryngoscopy, nail avulsions, skin biopsies, and many other minor procedures.
- Designed to optimize resident experience w/ large precepting rooms and resident offices.
- Excellent resident outpatient clinic experiences:
  - R1: 2 half days/week and ~4-5 visits/clinic
  - R2: 3 half days/week and ~6-8 visits/clinic
  - R3: 4 half days/week and ~9-10 visits/clinic





### THE HOSPITAL: NORTH COLORADO MEDICAL CENTER

- Three blocks from the NCFM clinic
- A regional tertiary care center with full range of consult services and a service population of 272,000
- 398 beds including a 16-bed Intensive Care Unit
- Level II Trauma Center
- Level III Neonatal Intensive Care Unit
- Busy, high-risk labor and delivery unit
- Many national awards of recognition

### WHO WE ARE:

#### Our Residents:

We have 11 residents/year who come from medical schools all over the country. Our residents have diverse backgrounds and interests but share a desire to receive broad-spectrum training in family medicine that will allow them to select their ideal practices upon graduation. NCFM is focused on wellness and supporting the needs of our resident physicians and their families.



#### Our Faculty:

- Ten core Family Medicine faculty contribute a broad range of experience. Core faculty supervise resident physicians in the hospital on medicine, OB/newborn, NICU, and pediatrics as well as in the outpatient clinic. Several of the core faculty and community Family Medicine faculty practice surgical obstetrics.
- Supportive OB/GYN and other specialty faculty.
- Integrated patient-centered medical home faculty with Nurse Practitioners and Behavioralists
- Clinic pharmacist and Diabetes educator/nutritionist

### Our Graduates:

- Since 1974, NCFM has graduated nearly 300 family physicians, all of whom have been board certified. Although many graduates (~60%) practice in the rural U.S., others are in international settings, community health centers, urban centers, residency programs, and other settings. Graduates have always had great success obtaining surgical OB privileges upon graduating.

### THE COMMUNITY: GREELEY, COLORADO

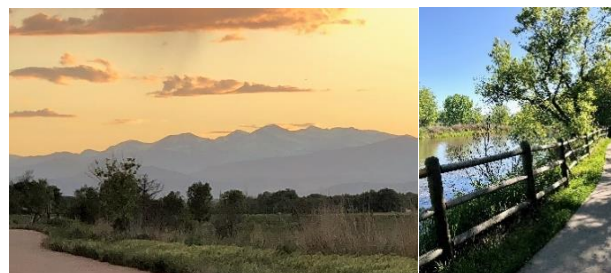
Greeley's diverse population is reflective of its history of attracting immigrants for work in the many farming and agricultural businesses that sustained its early economy. Immigrants from Russia, Germany, Japan, Mexico, Central America, and most recently Africa and Burma have bolstered our population to an estimated 115,000 people.

Greeley is home to the University of Northern Colorado which brings ~12,000 undergraduate and more than 2,000 graduate students to the area to complete their studies in one of approximately 200 undergrad, masters, specialist, and doctoral programs.



Greeley has a great downtown area with shopping, restaurants, coffee shops, breweries, and more. This is the backdrop for music events featuring local and visiting artists, many festivals, and community events year-round.

Resident physicians also have many opportunities for community engagement that can include involvement with our Diversity, Equity, Inclusion Committee, the Greeley Refugee Center, Walk with a Doc, and more!



Greeley has ~40 parks, natural spaces, and athletic fields located throughout the city, as well as the Poudre River Trail which runs 21 miles from Greeley towards Ft. Collins. The trail is paved and intertwines with natural landscapes and wildlife.

Greeley enjoys a semi-arid climate and lots of sunshine that gives ample opportunity to get outdoors. Precipitation is mostly in the form of snow from October to April, but snowfalls are often light and usually melt within a few days.



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[NCFM Video](#)

[Greeley Programs Video](#)

[Wray Video](#)

[Sterling Video](#)

  
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