



Primary Care Innovation Collaborative 2021 Agenda

Friday, October 8th, 2021

Omni Hotel & Resort

500 Interlocken Blvd, Broomfield, CO 80021

<https://www.omnihotels.com/hotels/denver-interlocken>

8:00-8:30 am	Registration and Continental Breakfast	Centennial Foyer
8:30-8:50 am	Welcome and Opening Remarks, CAFMR Staff <u>Lynne Jones</u> , Executive Director <u>Julie Herzog</u> , Director of Operations and Programs	Centennial E
8:50-9:50 am	Our Role(s) in Achieving Health Equity Introduction: TJ Staff, MD, Assoc. Program Dir., UCFMR, Family Physician, Lowry Clinic, Assoc. Prof. Clinical Practice UCDFM <u>George Rust MD, MPH, FAAFP, FACPM</u> , Professor & Director Center for Medicine and Public Health- FSU College of Medicine, Medical Executive Director Leon County Health Department <i>Learning Objectives:</i> <ol style="list-style-type: none"> 1. To define key terms related to health disparities, health equity and health justice. 2. To list various roles the family physician can play in achieving health equity. 3. To elucidate key steps medical education programs and institutions can take to maximize their contributions to the cause of health equity. 4. To transform traditional models of community-oriented primary care (COPC) into long-term sustainable models of asset-based community development (ABCD) 5. To explore ways to “manage between the lines” to link primary care to community health development to population health equity 	Centennial E
9:50-10:15 am	Networking Break & Transition to Morning Breakout Sessions	Centennial Foyer
9:00am-3:00pm	JOB FAIR! Looking for your next opportunity? Visit the first CAFMR job fair, open all day!	Ponderosa
10:15-11:15 am	<u>Morning Workshop Sessions</u>	

Centennial F

Finding Your Voice: Scholarly Writing about Stuff that Matters

George Rust MD, MPH, FAAFP, FACPM, Professor & Director Center for Medicine and Public Health- FSU College of Medicine; Medical Executive Director Leon County Health Department

Learning Objectives:

1. To compare and contrast two approaches to scholarly writing for the primary care clinician – interventional “muddy boots” research, and secondary data analysis.
2. To review the basics of formulating a research question in a statistically testable form in order to “ask an important question and answer it rigorously”.
3. To discuss areas of interest for workshop participants and identify available sources of secondary data for do-able projects.
4. To consider the formation of research teams – skill sets and resources needed to succeed.

Audience: (clinicians and staff)

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Practical Virtual Care Innovations in Primary Care

Moderator/Presenter: Phyllis Albritton, Executive Director, Colorado Safety Net Collaborative

Presenters: Aimee English, MD, Family Medicine Faculty, University of Colorado

Lisa Rothlein-Naron, MD, Faculty, Swedish Family Medicine Residency

Participants will gain an understanding of trending tactics and tools for optimizing use of telehealth in underserved and rural environments.

Pine

Learning Objectives:

- 1. To identify 3-5 patient conditions that can be effectively addressed via telehealth*
- 2. To address barriers to effective use of telehealth*
- 3. To determine possible action steps to address a health condition through telehealth*

Audience: (clinicians and staff)

Resources and Realizations in Integrated Behavioral Health

Moderator: Mattie Brand, Medical Student, Rocky Vista University

Presenters: Christine Baron, MSW, LCSW, NSHC-CHC, CCM, Behavioral Science Faculty, North Colorado Family Medicine, Greeley

Jennifer Grote, PhD, Director, Integrated Behavioral Health Division, Ambulatory Care, - Denver Health

Elizabeth Lowdermilk, MD, Assoc. Director of Service, Dept. Psychiatry, Lead Integrated Care Psychiatrist – Denver Health

Kimberly Walter, PhD, Dir. Behavioral Health & Care Integration - St. Anthony Family Medicine Residency

Fir

Participants will receive resources for staff, providers and care team members and identify possible steps to further synergies between primary care and behavioral health in the primary care setting

Learning Objectives:

- 1. To summarize value of integration of behavioral health and primary care*
- 2. To recognize the roles of care team members in an integrated care model*
- 3. To demonstrate integrated care in a mock patient-provider interaction*

Audience: Clinicians, staff, care coordinators/navigationers



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11:15-12:35 pm

Centennial
Foyer

Lunch Served, Networking

ROUND TABLE TOPICS; Something you're interested in? Join the Conversation!

Opioids/MAT: Kimberly Insel, MD, MPH, Director of Fellowship Programs' Founder and Director of MAT Primary Care Project - St. Anthony North Family Medicine

Advocacy/Policy: Erica Pike - Director of Policy & Government Relations, CAFP

CO Academy of Family Physicians: Ryan Biehle, MPA, MPH, CAE, CEO & Exec. VP

Suicide Prevention in Care Providers: Kim Walter, PhD, Dir. Behavioral Health & Care Integration St. Anthony Family Medicine Residency

Workforce Diversity: Jo O'Connell, MD, Director, Colorado Area Health Education Center (COAHEC), Family Medicine Department Faculty/CU SOM Rural Program Faculty, Assistant Professor AMC, Practicing Clinician Denver Health Montbello Clinic. Office of the Vice Chancellor of Health Affairs

Communicating with Hard-to-Reach Populations: Stephanie Wasserman, MSPH, Executive Director-Immunize Colorado

Research – Easy & Real -Prep for Scholarly Activity: Donald Nease, Jr. MD, - Green-Edelman Chair for Practice-Based Research, Professor and Vice Chair for Community | Dept. of Family Medicine Director of Community Engagement & Research | Colorado Clinical & Translational Sciences Institute

University of Colorado Anschutz Medical Campus
-Osteopathic Applications -

Participants will select up to two topics of their choice and learn key pearls and action steps to addressing the topics available. Participants will have the opportunity to experience two table topics during the lunch hour+

Audience: All

12:35-12:55pm

Transition to Afternoon Workshop Sessions

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12:55-1:55 pm

Afternoon Breakout Sessions

Fir

Special Populations Interactive Panel Discussion-Impacting Disparities in a Real Way

Moderator/Presenter: Stephanie Sandhu, MD, Family Physician – STRIDE Community Health Ctr.

Presenters: Michael Renecke, MD – Fellow LBGTQI, Denver Health?

Dawn Howard, MLS – Community Engagement Coordinator, Colorado Cross-Disability Coalition

Julissa Soto, MPH-Life Style Coach, Diabetes Educator

Practical, intentional approaches to addressing the needs of specific populations in achieving their health potential is paramount to patient and community member success. These subject matter experts will provide insight and discovered best practice in reaching out to these unique and special populations in our communities.

Learning Objectives:

- 1. To explore unique considerations to addressing health needs of special populations*
- 2. To garner resources for addressing the needs of special populations*
- 3. To determine a personal action step in addressing disparities with one special population*

Audience: All

MAT/Opioid key success factors conversation

Moderator/Presenter: Kimberly Insel, MD MPH, Director of Fellowship Programs' Founder and Director of MAT Primary Care Project - St. Anthony North Family Medicine

Presenters: J Cram, MA, LAC, LPCC, Addiction Counselor - Lowry Family Health Center

Tonya Cook, PharmD, Pharmacy Faculty, SCL Health, St. Mary's Hospital Family Medicine Residency Center Grand Junction, CO

Jeannie Folan, MD, resident, Fort Collins Family Medicine Residency

Colin Milne, LCSW, Fort Collins Family Medicine Residency

Seth Mathern, MD, Faculty St Anthony North Family Medicine Residency

Pine

Many residency programs and other practices have taken the challenge of addressing the opioid epidemic by the reins and have realized successes and learnings across the board. These presenters will share stumbling blocks, solutions, and future plans for addressing opioid and other substance use in the primary care setting.

Learning Objectives:

- 1. To describe three best practices in MAT/Opioid/SUD treatment in the primary care setting*
- 2. To review key factors contributing to success of MAT/Opioid programs in residencies*
- 3. To identify next steps in establishing/enhancing a residency program MAT service*

Audience: Clinicians, care teams



Rural Emergency Response Playbook: Challenges & Solutions in Rural Medicine

Moderator: Lynne Jones, Executive Director, CO Association Family Medicine Residencies Centennial F
Benjamin D. Anderson, MBA, MHCDS, Vice President, Rural Health and Hospitals – CO Hospital Association

Through hypothetical cases that reflect reality for many rural health care delivery systems across the United States, this playbook is designed to build rural hospital and rural primary care leadership capacities around strategic thinking and local problem solving, the cases and accompanying strategic prompts, practical guidance, innovative solutions, and key resources and tools encourage rural health leaders to critically think about how to approach and own their solutions.

Learning Objectives:

1. To understand unique challenges to addressing rural health workforce needs
2. To review potential solutions to rural practice obstacles
3. To express awareness of how primary care can address needs in rural medicine

Audience: Health care leaders, those with interest in rural medicine

1:55-2:05 pm

Afternoon Break - Transition to General Session for Panel

2:05-3:05 pm

The New Healthcare Worker - Resilient and Well

Centennial E

Moderator: John McLaughlin, MD, Family Physician, Solo Practice, CO Commission on Family Medicine Member

Presenters: Benjamin D. Anderson, MBA, MHCDS, Vice President, Rural Health and Hospitals – CO Hospital Association

Alex J. Reed, PsyD, MPH, Director of Behavioral Health Education, University of Colorado Family Medicine Residency, Assistant Professor Department of Family Medicine University of Colorado School of Medicine, Team Psychologist, Denver Nuggets

Adrienne Mann, MD, Associate Program Director- Internal Medicine Residency Program Assistant Professor, Division of Hospital Medicine, Department of Medicine, University of Colorado School of Medicine

Kimberly Walter, PhD, Dir. Behavioral Health & Care Integration - St. Anthony Family Medicine Residency

Primary care response to the pandemic has brought well-being and burnout to the forefront in a huge way over the last year. As we wrap up the day, hear from these colleagues and peers about what their programs and projects have done to optimize taking care of those in their circle so that they can better care for themselves and the people they serve.

Learning Objectives:

1. To strategize on implementing program level well-being & resilience tactics into clinical practice
2. To identify 3-5 positive program level approaches to clinician well-being
3. To experience personal well-being “boost” during session

Audience: All

3:05-3:10pm

End of Conference (Please do not forget to fill out your evaluation)



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