Family Medicine – Rural Training
Overview Rural Training Residency Program

The Department of Family Medicine at the University of Colorado School of Medicine (UCDSOM) offers fully accredited training programs with a variety of opportunities for Family Medicine training. The newest addition is the Rural Training Residency Program in Fort Morgan, CO. The Fort Morgan Program offers 2 residence spots per year for a total of 6 residents.

The first year of Family Medicine Residency training is devoted to basic family medicine skills required to evaluate, diagnose and treat patients with a wide variety of illnesses and conditions. The first year is spent alongside the University Hospital Residency Program at the University of Colorado in the Denver neighborhood of Stapleton. Training is divided between the Family Medicine Outpatient Clinic, Emergency Medicine, ICU, Obstetrics and Pediatric Care rotations. Educational activities will take place in three affiliated hospitals: University of Colorado Hospital (UCH), the Denver Health Medical Center (DHMC) and Children's Hospital Colorado (CHC).

The two senior years of training will take place primarily in Fort Morgan, CO. Residents will spend most of their time at the Colorado Plains Medical Center (CPMC) and the outpatient clinic, Salud Family Health Center of Fort Morgan. Colorado Plains Medical Center is a 50 bed, acute care hospital. It supports 2 counties with approximately 35,000 residents. While most of the training will be in either the Salud clinic or CPMC, residents will also spend time in the community. The Geriatric Rotation, in the 3rd year, will take place at Valley View Villa in Fort Morgan. Trainees will spend at least one month per year in Denver. Electives for senior residents may include the following: Endocrinology, Rheumatology, Obstetrics, OB Ultrasound, Emergency Medicine, Family Planning, Health Care Advocacy, Sports Medicine, Refugee Medicine and International Rotations.

The Department of Family Medicine understands that trainees are concerned for their home life as well. The program has taken steps to help the trainees manage the balance of home life and their training. Lectures and meetings will be available to residents via teleconferencing, between the A.F Williams Clinic and the Salud Family Health Center, to allow trainees the same access to information without excess travel. Additionally, the program helps the residents obtain housing in Fort Morgan and provides a quarterly stipend.

Educational Goals of the Family Medicine Rural Training Program

Program Curriculum

Upon graduation, our trainees will be able to:

- Provide the undifferentiated patient, either through direct or coordinated care, with a basket of services that are accessible, accountable, comprehensive, safe and scientifically valid in a patient centered way.
- Use electronic health records and support systems at the point of care for the individual patient as well as for populations of patients to effectively improve care.
- Integrate behavioral health principles including patient education and health behavior change.
- Coordinate community resources for patients to improve patient and community health.
- Use life-long learning to create continuous professional and clinical practice improvement plans, including maintenance of board certification.
- Participate in the generation of new knowledge including practice-based research.

Objectives

By the end of training, our graduates will be competent to:

- Deliver skilled patient care to the undifferentiated patient and family in the context of a bio-psychosocial model that is culturally sensitive.
- Coordinate and deliver team-based care with consultation as appropriate.
- Use principals of the chronic care and PCMH models to deliver care for individual patients and practice populations, including use of EMR's and registries.
- Utilize systems to measure and improve quality of care and practice performance.
- Become board-certified and maintain board certification.
- Advocated for their patients and communities and assume leadership roles as necessary.